

The Green Creature Within | Info Sheet

1981, 24 min., color, Judith Rubin, Eleanor Irwin & Guillermo Borrero

Full Description:

This film, using footage and slides shot by both leaders and members, tells the story of an adolescent psychotherapy group--which met two hours a week for two years at an outpatient clinic.

Art and Drama were the major therapeutic tools, along with Movement, Music, Poetry, and Filmmaking. This film demonstrates the use of these varied expressive modalities within an unstructured milieu.

It also describes the different roles played by the therapists to facilitate the process. The film tells the story of the group as a whole, and also includes two fairly detailed case studies of individual members.

It is a rare example of multimodality group expressive arts therapy as it actually unfolded over time.

The narration was written by the three therapists: Ellie Irwin, a drama therapist, Judy Rubin, an art therapist, and Bill Borrero, a child psychiatrist with a background in drama. It is read by the film editor, James Lenkner.

Awards:

Certification of Merit, American Art Therapy Association, 1984